WELCOME! Apps in Action for Scheduling for ASD

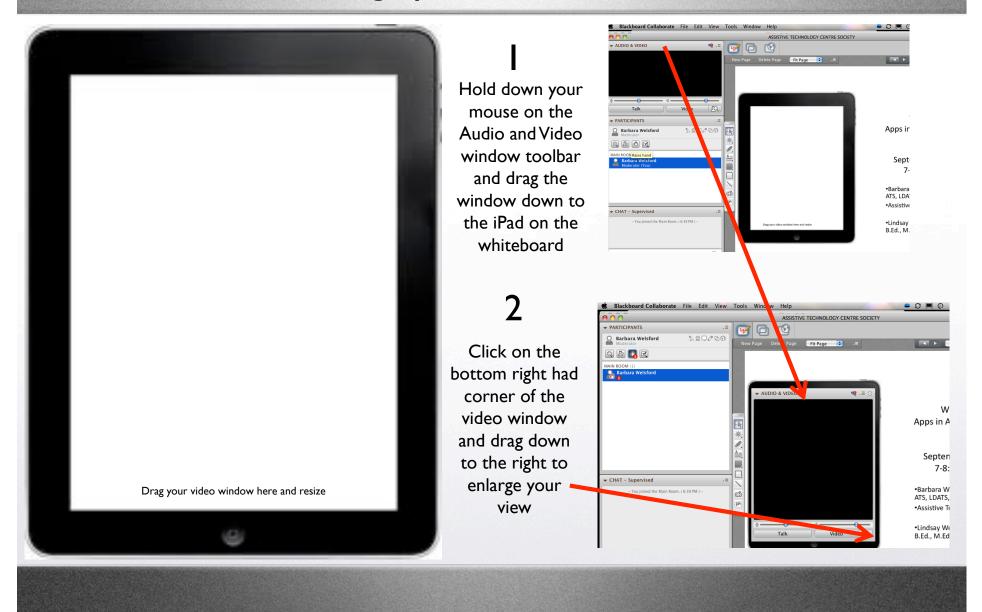
Barbara Welsford, M.Ed., ATP, ATS, LDATS, ADE Assistive Technology Specialist

Lindsay Welsford, BSc., B.Ed, M.Ed.

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Assistive Technology Centre Society



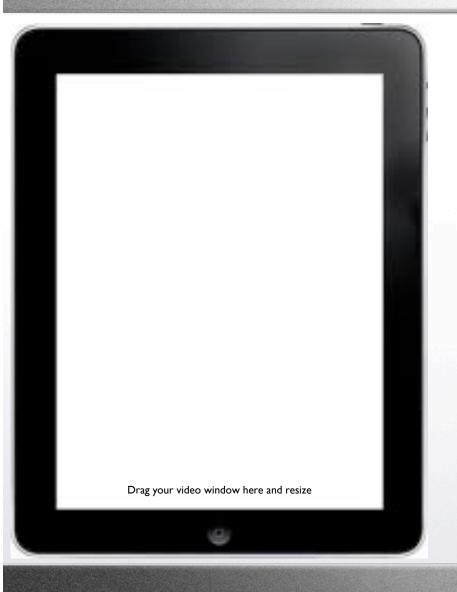
ASSISTIVE TECHNOLOGY CENTRE Technology solutions for people with disabilities



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Assistive Technology Centre Society Registered Canadian Charity

Providing Assistive Technology Services and Supports to individuals with disabilities since 1993



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Thanks to a grant from

AUTISM SPEAKS[™]

It's time to listen.

Il faut écouter.

CANADA*

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Presenter

Barbara Welsford, M.Ed., ATP, ATS, LDATS, ADE

Assistive Technology Specialist

Barbara Welsford, M.Ed., ATP, ATS, LDATS, ADE Apple Distinguished Educator 2011 Proloquo2go Certified Trainer Assistive Technology Specialist

In the field of AT for over 25 years Assistive Technology Specialist SSRSB

Works with students from K-12 and Early Intervention Program 1 year prior to entering school. All abilities. All AT. Designs and teaches Graduate courses in Assistive Technology for Acadia University and St.Fx University

C Distinguished Educators



Presenter

Program Support Teacher/ Learning Centre Teacher Forest Heights Community School Currently works with highest needs students in a Learning Centre environment, including numerous students with severe autism grades 10-12

Lindsay Welsford, B.Sc., B.A., B.Ed., M.Ed.

Previous employment with the University of New Brunswick as the Assistive Technology Mentor

Has also worked in a recreation capacity with the Queen Alexandra Centre for Children's Health, Victoria, BC (ages 6-19)



Scheduling

First Then Visual Schedule iPrompts Visual Schedule Planner Reminders Notes



Why is structure and scheduling important?

- Lessens anxiety
- Provides consistency in a seemingly inconsistent world
- Provides cues for sequencing events
- Provides a tangible reference for the abstract notion of time



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First Then Visual Schedule

\$3.99



- Serves to increase independence and lower anxiety during transitions through different activities
- Use your own photos or add photos from the built in internet image search feature.
- Record your own voice to the images
- Create as many schedules as you need
- Change the order of a schedule, anytime
- Checklist feature
- "Save and Share" schedules via "File Sharing" on iTunes

First Then Visual Schedule



iPrompts

\$49.99



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- Provides several useful visual prompting tools
- Visual scheduler
- Visual timer
- Choice prompts
- Image Library

iPrompts



Visual Schedule Planner for iPad

\$14.99



- Designed to give an individual an audio/ visual representation of the "events in their day"
- Completely customizable
- Ability to view events daily, weekly or via a monthly calendar.
- Also includes: Custom images, Custom sound, Activity schedules, Video Modeling, Timer, Checklist, Reminders, Notes
- Quick access to video modeling

Visual Schedule Planner



Reminders

Free



- Organize everything you have to do by deadline, priority, location, or custom-made lists
- Sends you an alert so you stay on track
- Check tasks as you complete them
- Specify the alert style (banners or pop up screen)

Reminders



Notes



Free

- Keep important information, take notes, make todo lists.
- Ability to email and print notes
- Can add multiple pages under one subject
- Provides a time and date when each note was created
- 3 fonts (change in Settings)

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CASE STUDY

Julie

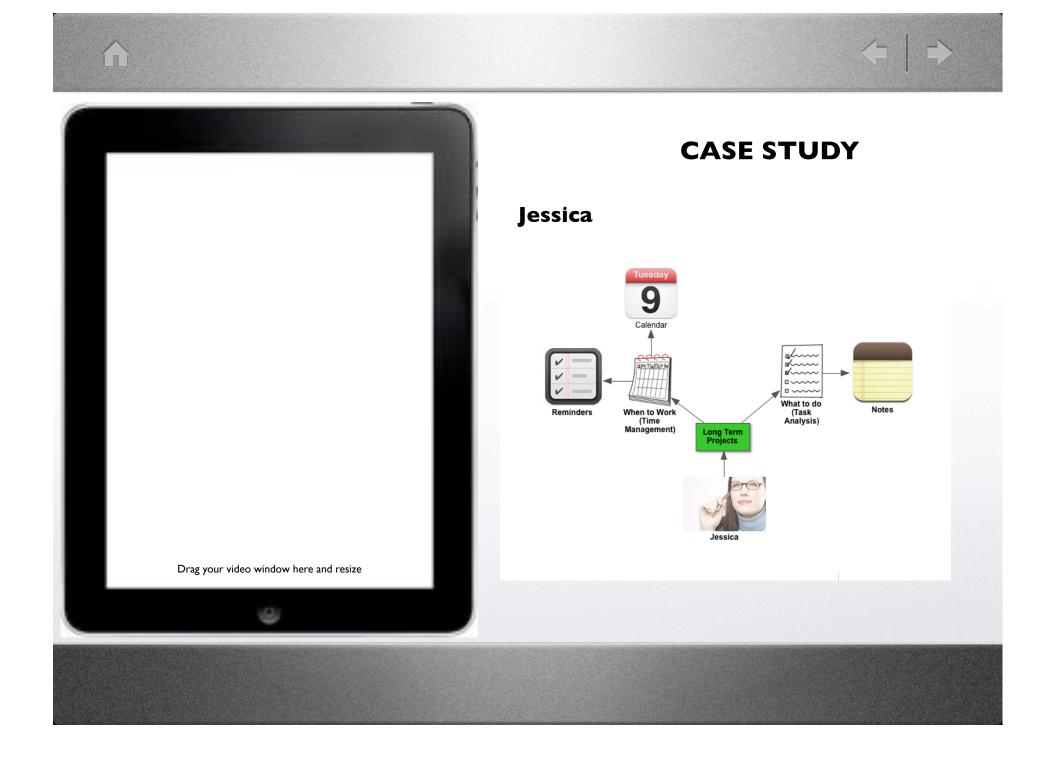
Julie is a high school student with autism. She requires a highly structured environment to lessen her anxiety, allowing her to focus on the task at hand. She uses **Visual Scheduler for iPad** for a comprehensive schedule: her daily, weekly and monthly schedules are entered here. Her aid occasionally helps her to maneuver her daily schedule. Today, her morning looks like this:

Reading Weather Circle Time Chores: Dishes English: Conversation Builder App Free Choice

When Julie proceeds to the "Chores: Dishes" activity in her schedule, she is able to bring up the step-by-step instructions on how to wash the dishes. She requires this, as she sometimes is overwhelmed by the activity in the kitchen, and forgets the steps. Sometimes she watches a video of herself completing the entire sequence of washing her dishes and then completes the task.

Following her chores, Julie has English class. She struggles with this and often tries to avoid the activities listed in her visual schedule. When this happens, her aid accesses the **First Then Visual Schedule**, which helps to remind Julie that after her English period, there is an opportunity for her to engage in an activity of her choice (First English, Then Free Choice).

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CASE STUDY

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Jessica

Jessica is a high school student with a full academic course load. She has recently been diagnosed with Asperger's Syndrome. Sometimes she feels distracted and overwhelmed with the long-term projects assigned in her courses. Often, she doesn't know where to start. She used to even forget to start until her teacher reminded her the project was due.

Today she is meeting with her peer mentor and they make a list of her projects in **Reminders**. They make sure to enter the due dates and program reminders for a week before the due dates. Then they open the **Notes** app in Jessica's iPhone. They add a page for each project and make a list of the steps Jessica needs to complete for the projects.

Jessica will go home tonight and start on the first step for her first project, due next week!