

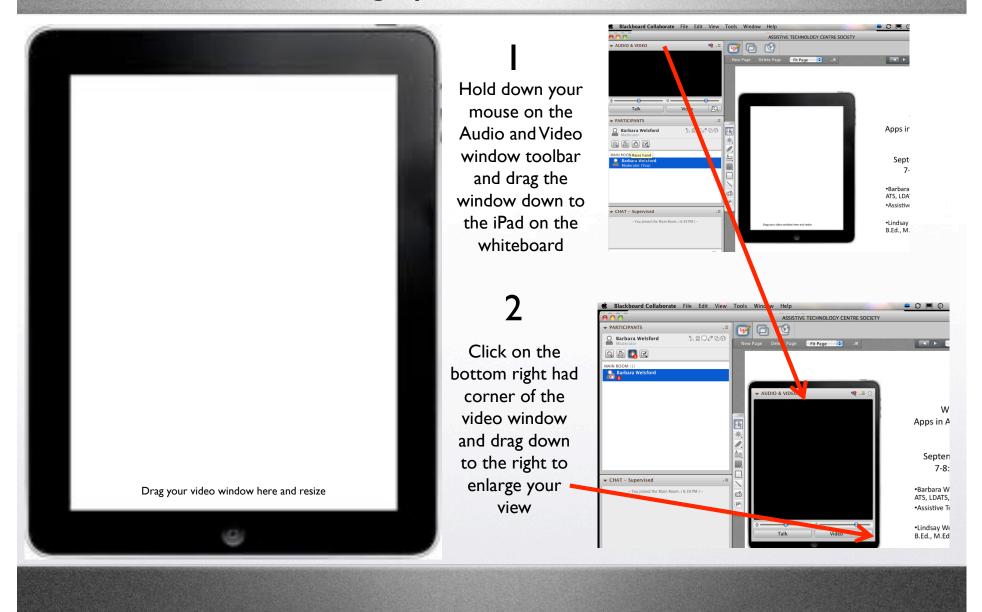
### WELCOME! Apps for Social Thinking and Social Skills

Barbara Welsford, M.Ed., ATP, ATS, LDATS, ADE Assistive Technology Specialist

Lindsay Welsford, BSc., B.Ed, M.Ed.

### Enlarge your video window

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## Assistive Technology Centre Society



ASSISTIVE TECHNOLOGY CENTRE Technology solutions for people with disabilities



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Assistive Technology Centre Society Registered Canadian Charity

Providing Assistive Technology Services and Supports to individuals with disabilities since 1993

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## Presenter

### Barbara Welsford, M.Ed., ATP, ATS, LDATS, ADE

#### Assistive Technology Specialist

Barbara Welsford, M.Ed., ATP, ATS, LDATS, ADE Apple Distinguished Educator 2011 Proloquo2go Certified Trainer Assistive Technology Specialist

In the field of AT for over 25 years Assistive Technology Specialist SSRSB

Works with students from K-12 and Early Intervention Program 1 year prior to entering school. All abilities. All AT. Designs and teaches Graduate courses in Assistive Technology for Acadia University and St.Fx University, currently working on PhD with University of South Australia

Cofounder of the ATCS 1993

Distinguished Educators



Presenter

Program Support Teacher/ Learning Centre Teacher Forest Heights Community School Currently works with highest needs students in a Learning Centre environment, including numerous students with severe autism grades 10-12

Lindsay Welsford, B.Sc., B.A., B.Ed., M.Ed.

Previous employment with the University of New Brunswick as the Assistive Technology Mentor

Has also worked in a recreation capacity with the Queen Alexandra Centre for Children's Health, Victoria, BC (ages 6-19)



### WEBINETTE OVERVIEW

- Social Skills Sampler
- Social Adventures
- Social Express
- Middle School Confidential
- Smile at Me
- Conversation Builder
- iTouch iLearn Feelings
- Case Study
  - Background
  - Sample outcomes
  - Overview of activities

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#### **Social Thinking and Social Skills**

#### Social Thinking

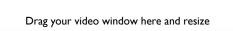
"Social thinking is what we do when we interact with people: we think about them. And how we think about people affects how we behave toward them, which in turn affects how others respond to us, which in turn affects our own emotions." – Michelle Garcia Winner
Areas of focus: Initiation of focus, Listening with eyes and brain, Abstract and Inferential Langauge/
Communication, Understanding Perspective, Getting the Big Picture

http://www.socialthinking.com/what-is-social-thinking •Social Skills

• "Social skills can be defined as the set of skills people use to interact and communicate with one another." – socialskillstraining.org

• Examples of social skills include: how to greet someone, turn-taking in conversation, skills involved in maintaining conversation, engaging in eye contact, to name a few.

http://www.socialskillstraining.org/social\_skills.html



#### **Social Adventures**

#### \$14.99



Social Adventures is an eResource
Designed to address 7 key areas of social interaction created for use with young children, ages 4 to 9.
7 key areas addressed: Initiating interactions, Maintaining interactions, Advocating and compromising, Getting regulated, Interpreting nonverbals, Negotiating space, and Experiencing humor.
Designed by SLPs and OTs who treat and understand the importance of physical activity, body-space awareness, and self-regulation in effective social interactions among young children.

•A Sample 8-week program is included within the app to help you get started with your program.

• New activities, games and links will be added regularly through updates

# Social Adventures

### Social Thinking and Skills



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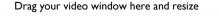
#### Social Skills Sampler

#### Free



• Video clips on meeting and greeting people; taking responsibility; being polite and courteous; joining others in groups; apologizing/ excusing yourself; following directions; handling criticism

# ocial Skills Sampler



#### **Social Express**

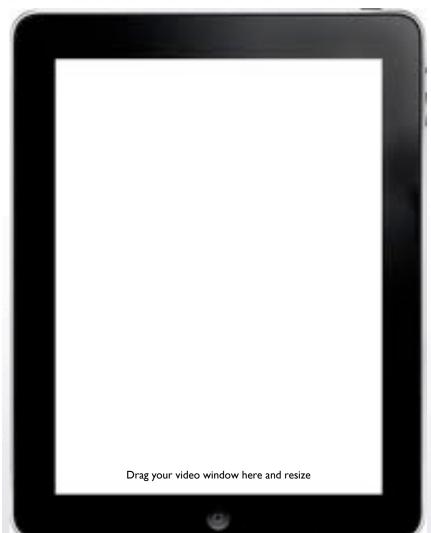
#### \$89.99 Lite version FREE



• 16 interactive lessons featuring 30 scenes that are divided into two skill levels.

- Skill Level I targets younger users and/or those who have more difficulty understanding social situations.
  Skill Level 2 targets users who are aware of social rules but have difficulty using them in real-world settings.
- Provides video modeling and multiple choice responses
  Each skill level ends with an interactive review of the Hidden Social Keys that have been learned during the preceding lessons
- Teacher Tips for presentation
- Full version provides "printables" to assist with generalization

e Social Express



#### Middle School Confidential: Real Friends Vs The Other Kind

#### \$2.99

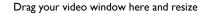


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MIDDLE SCHOOL CONFIDENTIAL

- Written by teen expert and anti-bullying activist Annie Fox
- Puts decision-making power into the hands of readers, with interactive quizzes that test what a real friend would do in a given situation.
- Target group: 8- to 14-year-olds
- Compelling stories that deal with universal tween and early teenage stumbling blocks:
- + The Boyfriend/Girlfriend Zone
- + Self-confidence
- + Communication problems
- + Conflict resolution
- + Out of control emotions
- + Friendship issues
- + Peer Approval Addiction (doing whatever it takes to fit in)

## Middle School Confidential



#### Smile at Me

\$2.99

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• Purpose: To teach and review when and where it is appropriate to smile

• Utilizes the camera in the itouch, ipad, or iphone as a mirror

•Must toggle back and forth to use the "mirror"

- Provides step by step instructions for use
- Reinforcement: Earn points to access an interactive animation showing animals in the zoo and a friend.
   Interact with that friend

• Provides tips for parents to help with implementation and successful use



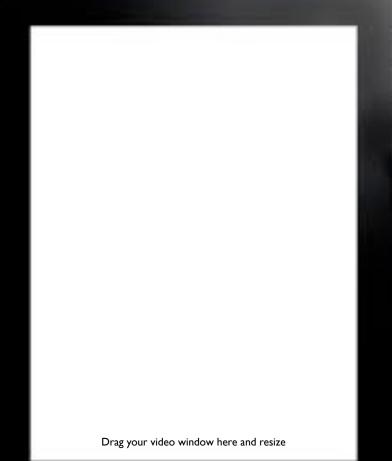
#### **Conversation Builder**

\$9.99



- Simple interface to learn the pattern of conversation
- •Two group and two one-on-one conversation settings
- Conversations can be 4 or 8 exchanges long
- Student can initiate or respond to conversations
- Student name, age, primary interest and city of residence are used in conversations to personalize play
- Student recordings are interlaced with pre-recorded audio to create complete conversations
- · Conversations may be archived and emailed
- Up to 160 distinct conversations available

# **Conversation Builder**



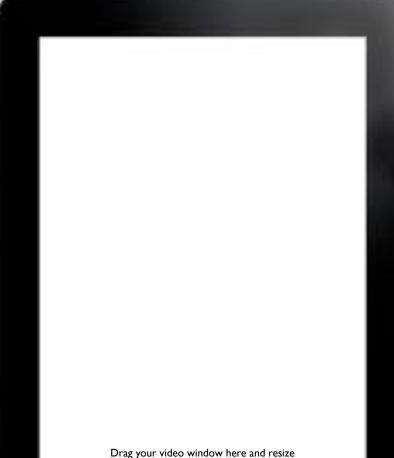
iTouch iLearn Feelings for Preschool Kids

\$2.99



- Funny animations that demonstrate cause and effect feelings and emotions
- Six fun activities that identify core feelings and improve communication skills
- Audio directions to facilitate learning and aid children with speech difficulties
- Ideal supplement for play and speech therapy
- Bonus animated sing-a-long happy song
- Post Feelings Face Creation to Facebook to share with family & friends!

# iTouch iLearn Feelings

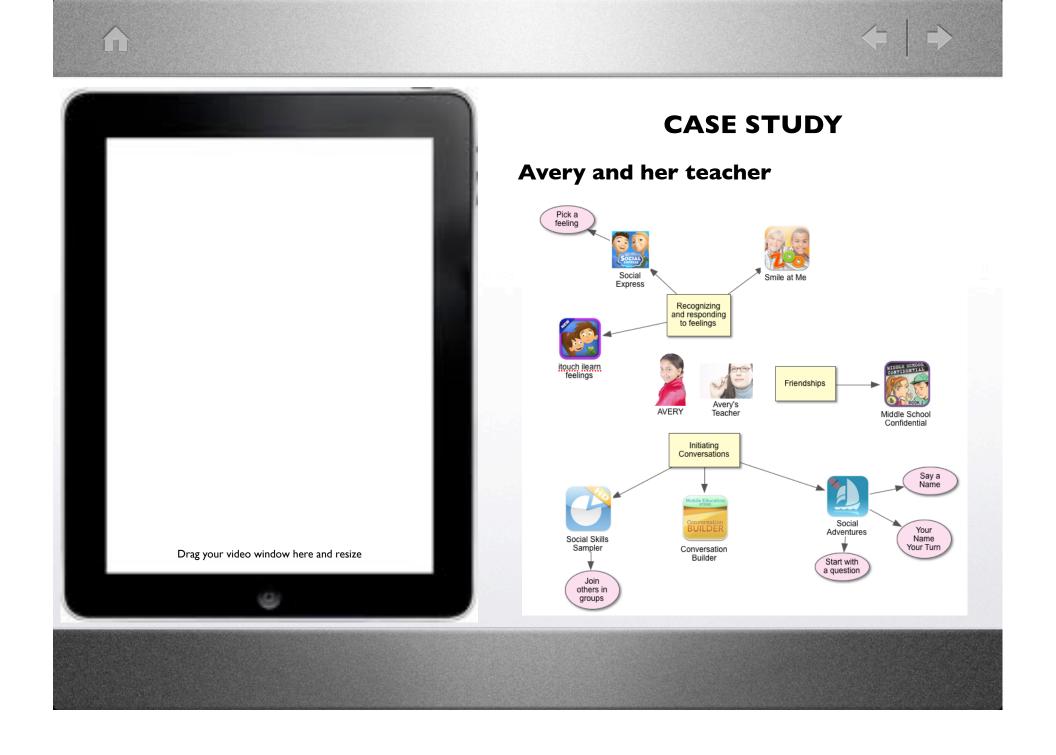


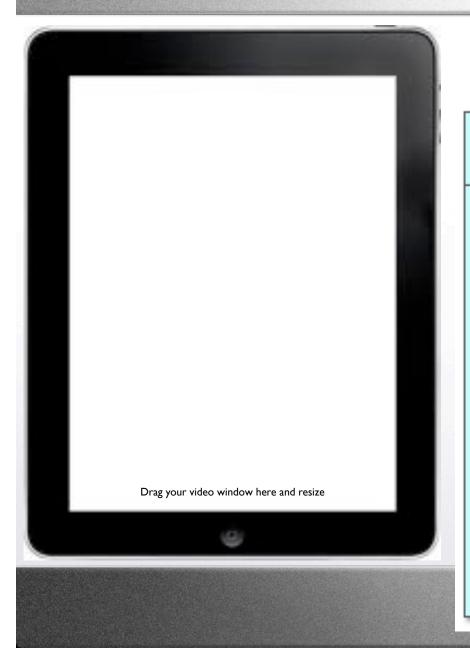
#### **More Social Skills Apps**

More Social Skills Ad

#### Everyday Social Skills \$0.99 - Covering basic social skills needed for everyday activities in your community, includes common daily activities such as walking down the street, using a restroom, waiting in line, asking for directions, asking for information and joining in a group. The program is simple and direct. **Responding Social Skills \$0.99** – Includes Listen and Respond to Others, Give Directions, Understand Others' Feelings, and more. Initiating Social Skills \$0.99 - Includes Greet Others/Start Conversations/ Give Information, Introduce Self, and more. Personal Social Skills \$0.99 - Includes Take Responsibility, Be Dependable, Accept Consequences, Maintain Hygiene, Grooming and Dress, and more.

http://blog.autismspectrumdirectory.com/2011/01/14/ipad-ipod-touch-and-iphone-apps-social-skills-social-stories-and-scripts/





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### CASE STUDY

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Avery and her teacher

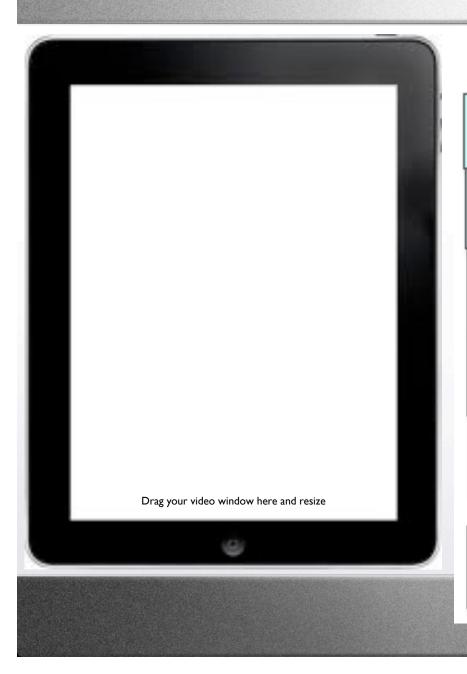
#### Background

Avery is turning 13 in 4 weeks. Her teacher will be throwing a party for Avery in their classroom on her birthday. There will be approximately 10 students at the party.

Avery has autism. She experiences anxiety in social situations, due to past uncomfortable experiences and sensitivities to excess sound and activity.

Avery's teacher is helping her to develop strategies and skills to increase her social capacity. This is a focus of Avery's IPP.

Self-Regulation is also a focus, though it will not be discussed here.



### **CASE STUDY**

#### Sample Outcomes for Avery

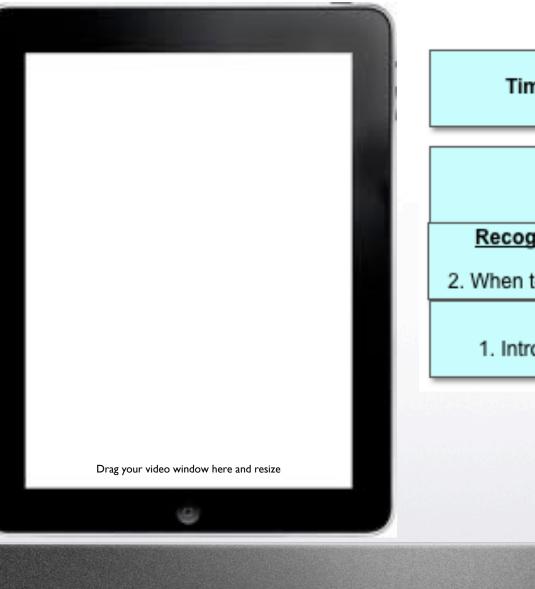
Avery will smile appropriately in 5 different contexts at her party.

Avery will identify the appropriate feeling in a given context 3/4 times.

Avery will initiate 3 conversations at her party.

Avery will join a group 1 time at her party.

Avery will identify 1 friend in her peer group (at school or in the community) and describe the friendship indicators.



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#### **Timeline and Activity Overview**

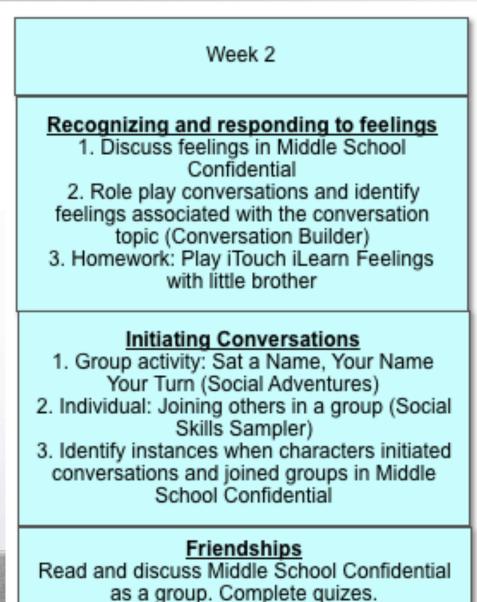
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#### Week 1

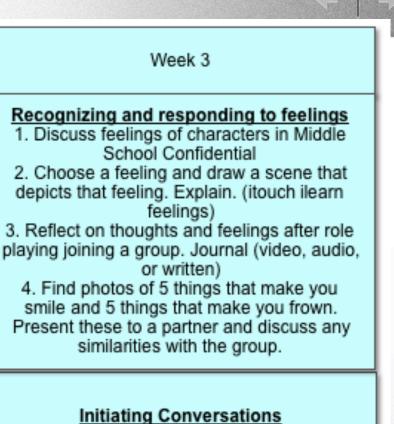
Recognizing and reacting to feelings 1. Social Express Module 2. When to Smile lesson and Smile at Me app

Friendships 1. Introduce Middle School Confidential





Week 4	
Party!	
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 1. "Start a Question" activity (Social Adventures)
 2. Group activity: Watch video model of "Joining a group" and Role play joining others in a group. (Social Skills Sampler)

Friendships Read and discuss Middle School Confidential as a group. Complete quizes.

